

THE MONEY BREAKTHROUGH EXPERIENCE WORKBOOK

Dissolve Fear
Master Money Mindset
Attract the Money you Deserve



Michelle Wilson
THE BREAKTHROUGH MENTOR™

For heart centered, purpose driven entrepreneurs, leaders, and independent professionals looking to **BREAKTHROUGH** their income ceiling while experiencing more **PEACE** and **JOY!**

THE MONEY BREAKTHROUGH EXPERIENCE

In order to get the BONUS resources and goodies, register here and please share the [link](#) with others who need this transformation!

Link to share: <https://www.moneybreakthrough.live/free-workshop>

Mark your calendar NOW so you don't miss any AMAZING Content!

SCHEDULE:

Session 1: Transform Your Money Fears into Empowered Calm

Monday, October 19th, 10am MT, 12 ET Facebook Live *

Session 2: Master Your Money Mindset

Tuesday, October 20th, 10am MT, 12 ET Facebook Live *

Session 3: Heal Your Money Story

Wednesday, October 21st, 10am MT, 12 ET Facebook Live *

Session 4: Be Empowered with Your Money Style

Thursday, October 22nd, 10am MT, 12 ET Facebook Live *

Session 5: Attract & Receive More Money

Friday, October 23rd, 10am MT, 12 ET Facebook Live *

Plus ZOOM Connections & Celebrations at 11am MT, 1 ET

Bonus #1: Easy Law of Attraction Tools for Attracting Money + Interview

Saturday, October 24th 10am MT, 12 ET Facebook Live

Bonus #2: Group Q & A session on Zoom

Sunday, October 25th, 5pm MT, 7 ET Register for Zoom link TBA.

Bonus #3: Powerful Guided imagery + Interview

Monday, October 26th, 5pm MT, 7 ET Facebook Live *

Bonus #4: Raise your Wealth Consciousness + Interview

Tuesday, October 27th, 10am MT, 12 ET Facebook Live *

*** **BEST Bonus: Private Q & A with Michelle** ***

Go here now to register for a 20 minute call with Michelle: <https://michellewilson.com/call/>

* All Facebook Live events will be held in the Authentic & Thriving Entrepreneurs & Leaders Facebook Group
<https://www.facebook.com/groups/AuthenticAndThriving/>

THE MONEY BREAKTHROUGH EXPERIENCE

Session 1:

Transform Your Money Fears into Empowered Calm

The very first step to attracting money is

And that is so important because

The first question to ask _____

Then what is your automatic thought _____

Where do you feel it in your body? _____

Rating scale of 1-10? _____

Follow along with me as we do a powerful technique to dissolve anxiety and you will receive an extra handout today if you are registered for the challenge and receive this in your inbox.

How do you feel now? _____

Write about your experience _____

Bonus Technique:



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Session 2:

Master Your Money Mindset

We all have unconscious beliefs about money.
The first step is



Money is:

Money is:

Money is:

Money is:

Rich people are:

Rich people are:

Rich people are:

Rich people are:

I am _____

My money is _____

Mindset Mastery is _____

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Session 2:

Heal Your Money Story

Your relationship with money is the



What early memories do you have about money?

What messages have you receive about money? (from childhood on...)

Write about money “mistakes” you have made or others have made that have impacted you

What lessons have you learned from your “money story”?

The ancient and powerful practice of _____

Step 1:

Step 2:

Step 3:

Step 4:

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Journaling

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Session 4:

Be Empowered with Your Money Style



5 MONEY PERSONALITIES

1. _____

Empowered version:

a. Recognize _____

b. Assess _____

c. Eyes wide open expansion assignment: _____

2. _____

Empowered version:

a. Recognize _____

b. Assess _____

c. Eyes wide open expansion assignment: _____

3. _____

Empowered version:

a. Recognize _____

b. Assess _____

c. Eyes wide open expansion assignment: _____

Session 4:

Be Empowered with Your Money Style

(continued)

4. _____

Empowered version:

a. Recognize _____

b. Assess _____

c. Eyes wide open expansion assignment: _____

5. **Most empowered option: WISE MAGICIAN**

Ah....this is where we aspire to be. Eyes wide open. Aware of our finances coming and going, savings and debt and making wise, aligned decisions.

When we are in this way of being, we can also tap into the knowledge that we are creators and magicians. We can create our reality and like magic, can draw clients, opportunities and money to us with our energy and focus.

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Session 5:

Attract & Receive More Money



Important KEYS to attracting money:

1. _____
2. _____
3. _____

In the past I blocked money by _____

What comes up for you when _____

I choose to _____

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BONUS #1:

Easy Law of Attraction Tools for Attracting Money + Interview



BONUS #2:

Group Zoom Q & A with Michelle

Questions I have for Michelle about what I have learned and/or working with her:

BONUS #3:

Powerful Guided imagery + Interview

BONUS #4:

Raise your Wealth Consciousness + Interview



I would LOVE to continue our work together! Let's set up a time to chat. Private message me in Facebook or fill out the form here: MichelleLWilson.com/call